MALAWI

Total population (000)	15,381	(2011)
Total under-five population (000)	2,832	(2011)
Total number of births (000)	686	(2011)
Under-five mortality rate (per 1,000 live births)	83	(2011)
Total number of under-five deaths (000)	52	(2011)
Infant mortality rate (per 1,000 live births)	53	(2011)
Neonatal mortality rate (per 1,000 live births)	27	(2011)
HIV prevalence rate (15–49 years old, %)	10.0	(2011)
Population below international poverty line of US\$1.25 per day (%)	74	(2004)
GNI per capita (US\$)	340	(2011)
Primary school net attendance ratio (% female, % male)	79, 76	(2006)

Burden of malnutrition (2011)

Percentage of children <5 years old stunted

1

2000

DHS

Stunting country rank

Stunting trends

56

1992

DHS

100%

80%

60%

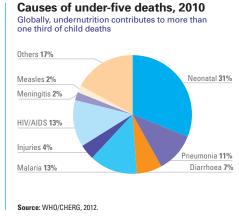
40%

20%

0%

Share of world stunting burden (%)

DEMOGRAPHICS AND BACKGROUND INFORMATION



NUTRITIONAL STATUS

Stunted (under-fives, 000)	1,334
Wasted (under-fives, 000)	113
Severely wasted (under-fives, 000)	42

Stunting disparities

21

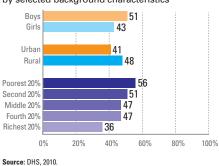
<1%

47

2010

DHS

Percentage of children <5 years old stunted, by selected background characteristics



Underweight trends

Under-five mortality rate

Deaths per 1,000 live births

1995

2000

2005

250 227

200

150

100

50

0

1990

Source: IGME, 2012.

Percentage of children <5 years old underweight

83

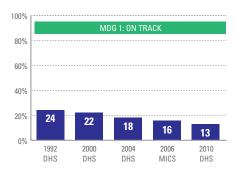
2010

2015

On track

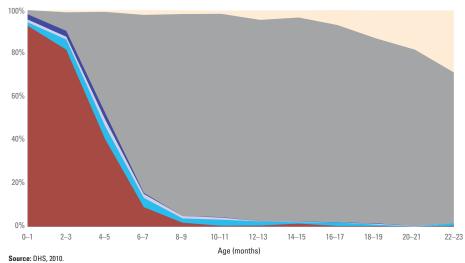
363

261



INFANT AND YOUNG CHILD FEEDING

Infant feeding practices, by age



Exclusive breastfeeding trends Percentage of infants <6 months old exclusively breastfed

2004

DHS

2006

MICS

100% 80% 71 60% 57 53 40% 44 20% 0% 2000 2004 2006 2010 DHS MICS DHS DHS Weaned (not breastfed) Breastfed and non-milk liquids Breastfed and solid/semi-solid foods Breastfed and plain water only Breastfed and other milk/formula Exclusively breastfed



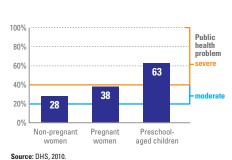
MALAWI

ESSENTIAL NUTRITION PRACTICES AND INTERVENTIONS DURING THE LIFE CYCLE

PREGNANCY		BIRTH		0–5 MONTHS	6–23 MONTHS			24–59 MONTHS
Use of iron-folic 32%		Early initiation of breastfeeding 58%		International Code of Marketing of Breast-milk Substitutes		Partial		
acid supplements		(within 1 hour of birth)		Maternity protection in accord	No			
Households with adequately iodized salt	50%	Infants not weighed at birt	h 51%	Exclusive breastfeeding 71% (<6 months)	86%			
	Continued breastfeeding at 1 year	old 96%						
	Minimum dietary diversity	29 %						
	Minimum acceptable diet	19%						
and prevent stunting, nutrition interventions need to be delivered during pregnancy and the first two years of life.					Full coverage of vitamin A supplementation			
	Treatment of severe acute malnu							

Anaemia

Prevalence of anaemia among selected populations



— MATERNAL —

NUTRITION AND HEALTH

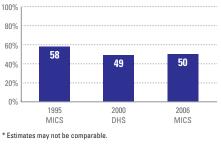
Maternal mortality ratio, adjusted (per 100,000 live births)	460	(2010)
Maternal mortality ratio, reported (per 100,000 live births)	680	(2010)
Total number of maternal deaths	3,000	(2010)
Lifetime risk of maternal death (1 in :)	36	(2010)
Women with low BMI (<18.5 kg/m ² , %)	9	(2010)
Anaemia, non-pregnant women (<120g/l, %)	28	(2010)
Antenatal care (at least one visit, %)	95	(2010)
Antenatal care (at least four visits, %)	46	(2010)
Skilled attendant at birth (%)	71	(2010)
Low birthweight (<2,500 grams, %)	13	(2006)
Women 20–24 years old who gave birth before age 18 (%)	35	(2010)

lodized salt trends*

Percentage of households with adequately iodized salt

MICRONUTRIENTS





Improved drinking water coverage

Percentage of population, by type of drinking

4 0

Other improved

Surface water

water source, 1990-2010

Piped on premises

7

1990 2010 Total

Source: WHO/UNICEF JMP, 2012.

Unimproved

100%

80%

60%

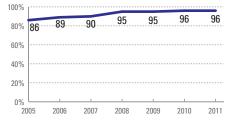
40%

20%

٥%

Vitamin A supplementation

Percentage of children 6–59 months old receiving two doses of vitamin A during calendar year (full coverage)





WATER AND SANITATION

16

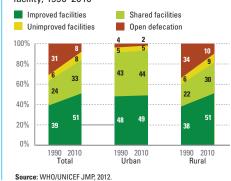
45

1990 2010 Rural

included in national health plans

Improved sanitation coverage

Percentage of population, by type of sanitation facility, 1990–2010



DISPARITIES IN NUTRITION

1990 2010 Urban

		Gender		Residence			Wealth quintile							
Indicator	Male	Female	Ratio of male to female	Urban	Rural	Ratio of urban to rural	Poorest	Second	Middle	Fourth	Richest	Ratio of richest to poorest	Equity chart	Source
Stunting prevalence (%)	51	43	1.2	41	48	0.8	56	51	47	47	36	0.5		DHS, 2010
Underweight prevalence (%)	14	12	1.2	10	13	0.8	17	14	12	14	13	0.8		DHS, 2010
Wasting prevalence (%)	4	4	1.1	2	4	0.6	5	5	5	4	2	0.4		DHS, 2010
Women with low BMI (<18.5 kg/m², %)	-	9	-	7	9	0.8	10	10	9	8	7	0.7		DHS, 2010
Women with high BMI (\geq 25 kg/m ² , %)	-	17	-	28	14	2.0	9	13	13	16	29	3.2		DHS, 2010