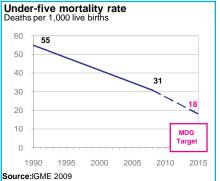
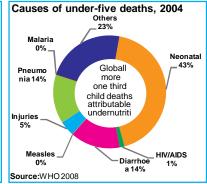
### Nutrition Profile

# Honduras

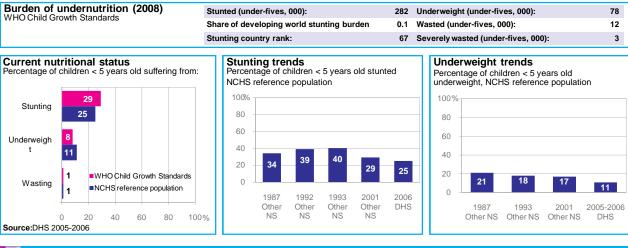
#### DEMOGRAPHICS

7,319	(2008)
958	(2008)
202	(2008)
31	(2008)
6	(2008)
26	(2008)
17	(2004)
0.7	(2007)
18	(2006)
	958 202 31 6 26 17 0.7

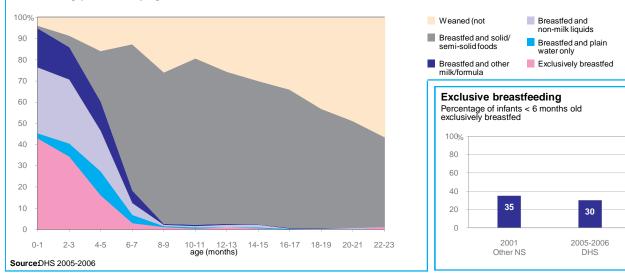




#### NUTRITIONAL STATUS



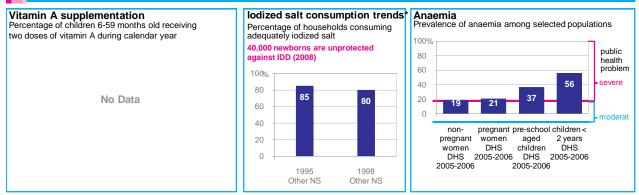
### INFANT AND YOUNG CHILD FEEDING



Infant feeding practices, by age

# **Honduras**

#### MICRONUTRIENTS



#### \* Estimates may not be comparable. ESSENTIAL NUTRITION INTERVENTIONS DURING THE LIFE CYCLE

Pregnancy		Birth		0-5 months 6-23 months		6-23 months	>	24-59 months	
Use of iron-folic acid		Early initiation of		International Code of Marketing of Breastmilk Substitutes					
supplements 70%	70%	breastfeeding (within 1	79%	Maternity protection	on in ac	No			
Household consumption of	80%	Infants not weighed at birth	31%	Exclusive breastfeeding	30%	Timely introduction of complementary	69%		
To increase children's chances of survival, improve development and prevent stunting, nutrition interventions need to be delivered during the mother's pregnancy and the first two years of the child's life.						Continued breastfeeding at	48%		
						Full coverage of vitamin A supplementation			
						National guidelines for management of severe acute malnutrition			
inst two yea	15 01 1	ne chilu s life.				Policy on new ORS formula and	management of -		
			Policy on community treatment of pneumonia with						

Drinking water coverage

14

Total

Source:WHO/UNICEF JMP, 2010

plot or yard

100%

80%

60%

40%

20%

0%

Percentage of population by type of drinking water source, 2008

Piped into dwelling, Other improved Unimproved plot or yard source source

23

Rural

Under-five deaths caused by: Diarrhoea:

Urban

### MATERNAL NUTRITION/HEALTH

#### WATER AND SANITATION

Sanitation coverage

Improved facility

100%

80%

60%

40%

20%

0%

14%

Unimproved facility

9

Total

Source:WHO/UNICEF JMP, 2010

Percentage of population by type of sanitation facility, 2008

22

11

62

Rural

Shared facility

Open defecation

7

80

Urban

14%

2

Maternal mortality ratio, adjusted 280 (per 100,000 live births)	(2005)
Maternal mortality ratio, reported (per 100,000 live births) 110	(1997)
Total number of maternal deaths 580	(2005)
Lifetime risk of maternal deaths (1 in : ) 93	(2005)
Women with low BMI (< 18.5 kg/m <sup>2</sup> , 4	(2005-
Anaemia, non-pregnant woman (<120 g/l, 19	(2005-
Antenatal care (at least one visit, %) 92	(2005-
Antenatal care (at least four visits, %) 81	(2005-
Skilled attendant at birth (%) 67	(2006)
Low birthweight (<2,500 grams, %) 10	(2005-
Primary school net enrolment or attendance ratio (% female, % male) 80, 77	(2006)
Gender parity index (primary school net enrolment or attendance ratio)	(2006)

### **DISPARITIES IN NUTRITION**

		Gender			Residence			Wealth quintile					
Indicator	Male	Female	Ratio of male to female	Urban	Rural	Ratio of urban to rural	Poores	Second	Middle	Fourth	Richest	Ratio of richest to poorest	Source
Stunting prevalence (WHO Child Growth Standards, %)	31	28	1.1	17	38	0.4	50	38	25	15	7	0.1	DHS 2005- 2006
Underweight prevalence (WHO Child Growth Standards, %)	8	8	1.0	4	11	0.4	16	10	6	3	2	0.1	DHS 2005- 2006
Wasting prevalence (WHO Child Growth Standards, %)	2	1	2.0	1	2	0.5	2	1	1	1	1	0.5	DHS 2005- 2006
Infants not weighed at birth (%)	-	-	-	14	43	0.3	57	41	22	14	7	0.1	DHS 2005-
Early initiation of breastfeeding (%)	78	79	1.0	75	82	0.9	85	83	77	74	73	0.9	DHS 2005-
Women with low BMI (<18.5 kg/m <sup>2</sup> , %)	-	4	-	4	4	1.0	4	4	5	4	4	1.0	DHS 2005-