**CAUSES OF UNDER-FIVE DEATHS, 2010**

Globally, undernutrition contributes to more than one third of child deaths.

**NUTRITIONAL STATUS**

**Stunting disparities**

- Percentage of children <5 years old stunted, by selected background characteristics
- Boys
- Girls
- Urban
- Rural
- Poorest 20%
- Second 20%
- Middle 20%
- Fourth 20%
- Richest 20%

**Underweight trends**

- Percentage of children <5 years old underweight
- MDG 1: INSUFFICIENT PROGRESS

**INFANT AND YOUNG CHILD FEEDING**

**Exclusive breastfeeding trends**

- Percentage of infants <6 months old exclusively breastfed

**Infant feeding practices, by age**

- Weaned (not breastfed)
- Breastfed and solid/semi-solid foods
- Breastfed and other milk/formula
- Breastfed and plain water only
- Exclusively breastfed

**DEMOGRAPHICS AND BACKGROUND INFORMATION**

- Total population (000): 176,745 (2011)
- Total under-five population (000): 22,113 (2011)
- Total number of births (000): 4,764 (2011)
- Under-five mortality rate (per 1,000 live births): 72 (2011)
- Total number of under-five deaths (000): 352 (2011)
- Infant mortality rate (per 1,000 live births): 59 (2011)
- Neonatal mortality rate (per 1,000 live births): 36 (2011)
- Underweight trends (under-fives, 000): 6,965
- Overweight (under-fives, 000): 1,415
- Stunted (under-fives, 000): 9,663
- Severely wasted (under-fives, 000): 1,283
- MDG 4 target
- MDG 1: NO PROGRESS
- MDG 1: INSUFFICIENT PROGRESS
- 1990–1991 DHS
- 1995 MICS
- 2001 Other NS
- 2011 Other NS
- 0% 20% 40% 60% 80% 100%
- 120 140 160
- 0 20 40 60 80 100 120
- 1995–2007
- 16
- 37
- 39
- 34
- 31
- 32
- 0% 20% 40% 60% 80% 100%
ESSENTIAL NUTRITION PRACTICES AND INTERVENTIONS DURING THE LIFE CYCLE

MICRONUTRIENTS

Water and Sanitation

To increase child survival, promote child development and prevent stunting, nutrition interventions need to be delivered during pregnancy and the first two years of life.

Anaemia

Prevalence of anaemia among selected populations

MATERNAL NUTRITION AND HEALTH

PAKISTAN

WATER AND SANITATION

Vitamin A supplementation

Percentage of children 6–59 months old receiving two doses of vitamin A during calendar year (full coverage)

Improved drinking water coverage

Percentage of population, by type of drinking water source, 1990–2010

Improved sanitation coverage

Percentage of population, by type of sanitation facility, 1990–2010

DISPARITIES IN NUTRITION

Indicator | Gender | Residence | Wealth quintile | Source
---|---|---|---|---
Stunting prevalence (%) | Male | Female | Ratio of male to female | Urban | Rural | Ratio of urban to rural | Poorest | Second | Middle | Fourth | Richest | Ratio of richest to poorest | Equity chart | Source
Underweight prevalence (%) | Male | Female | Ratio of male to female | Urban | Rural | Ratio of urban to rural | Poorest | Second | Middle | Fourth | Richest | Ratio of richest to poorest | Equity chart | Source
Wasting prevalence (%) | Male | Female | Ratio of male to female | Urban | Rural | Ratio of urban to rural | Poorest | Second | Middle | Fourth | Richest | Ratio of richest to poorest | Equity chart | Source
Women with low BMI (<18.5 kg/m², %) | Male | Female | Ratio of male to female | Urban | Rural | Ratio of urban to rural | Poorest | Second | Middle | Fourth | Richest | Ratio of richest to poorest | Equity chart | Source
Women with high BMI (≥25 kg/m², %) | Male | Female | Ratio of male to female | Urban | Rural | Ratio of urban to rural | Poorest | Second | Middle | Fourth | Richest | Ratio of richest to poorest | Equity chart | Source


* Estimates may not be comparable.