**DEMOGRAPHICS**

<table>
<thead>
<tr>
<th>Total population (000)</th>
<th>5,667 (2008)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total under five population (000)</td>
<td>675 (2008)</td>
</tr>
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<td>Total number of births (000)</td>
<td>140 (2008)</td>
</tr>
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</tr>
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<td>4 (2008)</td>
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<td>23 (2008)</td>
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<td>Underweight (under-fives, 000):</td>
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</table>

**Under-five mortality rate**

Deaths per 1,000 live births

- 2010: 7
- 2005: 9
- 2000: 11
- 1995: 13
- 1990: 15

**Causes of under-five deaths, 2004**

- Neonatal: 41%
- Malaria: 6%
- HIV/AIDS: 4%
- Measles: 4%
- Diarrhoea: 12%
- Pneumonia: 10%
- Others: 8%

**NUTRITIONAL STATUS**

**Burden of undernutrition (2008)**

- Stunted (under-fives, 000): 146
- Underweight (under-fives, 000): 12
- Severely wasted (under-fives, 000): 3

**WHO Child Growth Standards**

- Stunting rate: 78
- Weight for height (BMI): 10
- Weight for age (BMI): 12

**Underweight trends**

Percentage of children < 5 years old underweight, NCHS reference population

- 1990: 12
- 1995: 10
- 2000: 7
- 2005: 3
- 2010: 3

**Stunting trends**

Percentage of children < 5 years old stunted NCHS reference population

- 1990: 24
- 1995: 25
- 2000: 20
- 2005: 17
- 2010: 17

**INFANT AND YOUNG CHILD FEEDING**

**Infant feeding practices, by age**

- Weaned (not breastfed)
- Breastfed and non-milk liquids
- Breastfed and plain water only
- Breastfed and other milk/formula
- Exclusively breastfed

**Exclusive breastfeeding**

Percentage of infants < 6 months old exclusively breastfed

- 1997-1998: 22
- 2001: 31
- 2006-2007: 31

**Printed on:** 06 May 2010
**MICRONUTRIENTS**

**Nutrition Interventions During the Life Cycle**

- **Maternal Nutrition/Health**
  - Water and Sanitation

**Disparities in Nutrition**

<table>
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<tr>
<th>Indicator</th>
<th>Gender</th>
<th>Residence</th>
<th>Wealth quintile</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stunting prevalence (WHO Child Growth Standards, %)</td>
<td>Male: 23, Female: 19</td>
<td>1.2</td>
<td>14</td>
</tr>
<tr>
<td>Underweight prevalence (WHO Child Growth Standards, %)</td>
<td>Male: 5, Female: 4</td>
<td>1.5</td>
<td>4</td>
</tr>
<tr>
<td>Wasting prevalence (WHO Child Growth Standards, %)</td>
<td>Male: 1, Female: 1</td>
<td>1.0</td>
<td>1</td>
</tr>
<tr>
<td>Infants not weighed at birth (%)</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Early initiation of breastfeeding (%)</td>
<td>Male: 54, Female: 54</td>
<td>1.0</td>
<td>47</td>
</tr>
<tr>
<td>Women with low BMI (&lt; 18.5 kg/m², %)</td>
<td>Male: 4, Female: -</td>
<td>4</td>
<td>3</td>
</tr>
</tbody>
</table>

**Vitamin A Supplementation**
- Percentage of children 6-59 months old receiving two doses of vitamin A during calendar year

- **Iodized salt consumption trends**
  - Percentage of households consuming adequately iodized salt
  - 4,000 newborns are unprotected against IDD (2008)

- **Anemia**
  - Prevalence of anemia among selected populations
  - **Source:** WHO/UNICEF JMP, 2010

**To increase children’s chances of survival, improve development and prevent stunting, nutrition interventions need to be delivered during the mother’s pregnancy and the first two years of the child’s life.**

**ESSENTIAL NUTRITION INTERVENTIONS DURING THE LIFE CYCLE**

**Pregnancy**
- Use of iron-folic acid supplements: 62%
- Household consumption of iodized salt: 37%

**Birth**
- Early initiation of breastfeeding (within 1 hour of birth): 54%
- Infants not weighed at birth: 27%

**6-5 months**
- International Code of Marketing of Breastmilk Substitutes: Partial
- Maternity protection in accordance with ILO Convention 183: Partial
- Exclusive breastfeeding (< 6 months): 31%

**6-23 months**
- Timely introduction of complementary foods (with continued breastfeeding): 78%
- Continued breastfeeding at two years: 43%

**24-59 months**
- Full coverage of vitamin A supplementation: -
- National guidelines for management of severe acute malnutrition incorporating the community-based approach: -
- Policy on community treatment of pneumonia with antibiotics: -

**WATER AND SANITATION**

**Maternal Nutrition/Health**

- Maternal mortality ratio, adjusted (per 100,000 live births): 170 (2005)
- Maternal mortality ratio, reported (per 100,000 live births): 87 (2005)
- Total number of maternal deaths: 270 (2005)
- Lifetime risk of maternal deaths (1 in x): 150 (2005)
- Women with low BMI (< 18.5 kg/m², %): 4 (2001)
- Anemia, non-pregnant woman (< 120 g/l, %): 10 (2004)
- Antenatal care (at least one visit, %): 98 (2006-2007)
- Antenatal care (at least four visits, %): 78 (2006-2007)
- Skilled attendant at birth (%): 74 (2006-2007)
- Low birthweight (< 2,500 grams, %): 8 (2005)
- Primary school net enrolment or attendance ratio (% female, % male): 90, 90 (2006)
- Gender parity index (primary school net enrolment or attendance ratio): 1 (2006)

**Drinking water coverage**
- Percentage of population by type of drinking water source, 2008
  - Piped into dwelling, plot or yard: 15%
  - Other improved source: 32%
  - Unimproved source: 53%

**Sanitation coverage**
- Percentage of population by type of sanitation facility, 2008
  - Improved facility: 62%
  - Unimproved facility: 37%
  - Open defecation: 4%

**Source:** WHO/UNICEF JMP, 2010

**Under-five deaths caused**

- Diarrhoea: 15%
- Pneumonia: 14%

**DISPARITIES IN NUTRITION**

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Male</th>
<th>Female</th>
<th>Ratio of male to female</th>
<th>Urban</th>
<th>Rural</th>
<th>Ratio of urban to rural</th>
<th>Poorest</th>
<th>Second</th>
<th>Middle</th>
<th>Fourth</th>
<th>Richest</th>
<th>Ratio of richest to poorest</th>
<th>Source</th>
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<td>Stunting prevalence (WHO Child Growth Standards, %)</td>
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<td>35</td>
<td>24</td>
<td>18</td>
<td>11</td>
<td>6</td>
<td>0.2</td>
<td>DHS 2006-2007</td>
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<td>6</td>
<td>4</td>
<td>1.5</td>
<td>4</td>
<td>7</td>
<td>0.6</td>
<td>9</td>
<td>6</td>
<td>6</td>
<td>3</td>
<td>1</td>
<td>0.1</td>
<td>DHS 2006-2007</td>
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<tr>
<td>Wasting prevalence (WHO Child Growth Standards, %)</td>
<td>1</td>
<td>1</td>
<td>1.0</td>
<td>1</td>
<td>1</td>
<td>1.0</td>
<td>2</td>
<td>1</td>
<td>2</td>
<td>1</td>
<td>1</td>
<td>0.5</td>
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<td>0.8</td>
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