DEMOGRAPHICS

- Total population (000): 49,563 (2008)
- Total under-five population (000): 4,629 (2008)
- Total number of births (000): 1,020 (2008)
- Under-five mortality rate (per 1,000 live births): 98 (2008)
- Total number of under-five deaths (000): 98 (2008)
- Infant mortality rate (per 1,000 live births): 71 (2008)
- Neonatal mortality rate (per 1,000 live births): 49 (2004)
- HIV prevalence rate (15–49 years, %): 0.7 (2007)
- Population below international poverty line of US$1.25 per day (%): -

NUTRITIONAL STATUS


- Stunted (under-fives, 000): 1,880
- Underweight (under-fives, 000): 1,370
- Share of developing world stunting burden (%): 1.0
- Wasted (under-fives, 000): 495
- Severely wasted (under-fives, 000): 134

Current nutritional status

Percentage of children < 5 years old suffering from:

- Stunting: 32
- Underweight: 32
- Wasting: 9

Stunting trends

Percentage of children < 5 years old stunted NCHS reference population

Underweight trends

Percentage of children < 5 years old underweight NCHS reference population

Infant and Young Child Feeding

Child feeding practices, by age

Complementary feeding (6–9 mos.): 86
Continuous breastfeeding (12–15 mos.): 85
Continuous breastfeeding (20–23 mos.): 87

Source: MICS 2003

Causes of under-five deaths, 2004

- Globally, undernutrition contributes to more than one third of child deaths
- HIV/AIDS: 1%
- Malaria: 3%
- Pneumonia: 16%
- Diarrhoea: 20%
- Malaria: 3%
- Injuries: 2%
- Measles: 3%
- Others: 10%

Source: WHO 2008

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Tracking Progress on Child and Maternal Nutrition: A survival and development priority
**ESSENTIAL NUTRITION INTERVENTIONS DURING THE LIFE CYCLE**

<table>
<thead>
<tr>
<th>Pregnancy</th>
<th>Birth</th>
<th>0-5 months</th>
<th>6-23 months</th>
<th>24-59 months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use of iron-folic acid supplements</td>
<td>Early initiation of breastfeeding (within 1 hour of birth)</td>
<td>International Code of Marketing of Breastmilk Substitutes</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Household consumption of adequately iodized salt</td>
<td>93% Infants not weighed at birth</td>
<td>Maternity protection in accordance with ILO Convention 183</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>72,000 newborns are unprotected against IDD (2008)</td>
<td>Excessive breastfeeding (&lt;6 months)</td>
<td>Timely introduction of complementary foods (with continued breastfeeding)</td>
<td>66%</td>
<td>60%</td>
</tr>
</tbody>
</table>

**MATERNAL NUTRITION/HEALTH**

- Maternal mortality ratio, adjusted (per 100,000 live births): 300 (2005)
- Maternal mortality ratio, reported (per 100,000 live births): 320 (2004-2005)
- Total number of maternal deaths: 3,700 (2005)
- Lifetime risk of maternal death (1 in x): 110 (2005)
- Women with low BMI (<18.5 kg/m², %): -
- Anaemia, non-pregnant women (<120 g/l, %): 45 (2001)
- Antenatal care (at least one visit, %): 76 (2001)
- Antenatal care (at least four visits, %): 22 (2001)
- Skilled attendant at birth (%): 57 (2001)
- Low birthweight (<2,500 grams, %): 15 (2000)
- Primary school net enrolment or attendance ratio (% female, % male): 84, 83 (2003)
- Gender parity index (primary school net enrolment or attendance ratio): 1.01 (2003)

**WATER AND SANITATION**

- Under-five deaths (post-neonatal) caused by:
  - Diarrhoea: 20%
  - Pneumonia: 16%

**DISPARITIES IN NUTRITION**

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Male</th>
<th>Female</th>
<th>Ratio of male to female</th>
<th>Urban</th>
<th>Rural</th>
<th>Ratio of urban to rural</th>
<th>Poorest</th>
<th>Second</th>
<th>Middle</th>
<th>Fourth</th>
<th>Richest</th>
<th>Ratio of richest to poorest</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stunting prevalence (WHO Child Growth Standards, %)</td>
<td>42</td>
<td>40</td>
<td>1.1</td>
<td>32</td>
<td>43</td>
<td>0.7</td>
<td>-</td>
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<td>MICS 2003</td>
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<tr>
<td>Underweight prevalence (WHO Child Growth Standards, %)</td>
<td>31</td>
<td>28</td>
<td>1.1</td>
<td>25</td>
<td>31</td>
<td>0.8</td>
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<td>MICS 2003</td>
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<tr>
<td>Wasting prevalence (WHO Child Growth Standards, %)</td>
<td>12</td>
<td>10</td>
<td>1.2</td>
<td>9</td>
<td>11</td>
<td>0.8</td>
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<td>MICS 2003</td>
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<td>Infants not weighed at birth (%)</td>
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<td>Early initiation of breastfeeding (%)</td>
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<td>Women with low BMI (&lt;18.5 kg/m², %)</td>
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