### Bahrain Nutrition Profile

#### Demographics

- **Total population (000)**: 776 (2008)
- **Total under-five population (000)**: 9 (2008)
- **Total number of births (000)**: 14 (2008)
- **Under-five mortality rate (per 1,000 live births)**: 12 (2008)
- **Infant mortality rate (per 1,000 live births)**: 10 (2008)
- **Neonatal mortality rate (per 1,000 live births)**: 4 (2004)
- **HIV prevalence rate (15-49 years, %)**: -
- **Population below international poverty line of US$1.25 per day (%)**: -

#### Under-five mortality rate

Deaths per 1,000 live births

- 1990: 16
- 1995: 12
- 2000: 8
- 2005: 4
- 2010: 2
- 2015: 0

Source: IGME 2009

#### Causes of under-five deaths, 2004

- **Globally, more than one third of child deaths are attributable to undernutrition**
- **Malaria 0%**
- **HIV/AIDS 0%**
- **Diarrhoea 1%**
- **Measles 0%**
- **Injuries 7%**
- **Pneumonia 1%**
- **Others 53%**

Source: WHO 2008

#### Nutritional Status

**Burden of undernutrition (2008)**

- **Stunted (under-fives, 000):** 7
- **Underweight (under-fives, 000):** 6
- **Share of developing world stunting burden (%):** 0.0
- **Wasted (under-fives, 000):** 4
- **Severely wasted (under-fives, 000):** 0
- **Stunting country rank:** 128

#### Current nutritional status

Percentage of children < 5 years old suffering from:

- **Stunting**: 18%
- **Underweight**: 9%
- **Wasting**: 5%

Source: Other NS 1995

#### Stunting trends

Percentage of children < 5 years old stunted

- 1990: 18%
- 1995: 10%
- 2000: 4%
- 2005: 2%
- 2010: 0%

#### Underweight trends

Percentage of children < 5 years old underweight

- 1990: 9%
- 1995: 0%

Source: WHO 2008

#### Infant and Young Child Feeding

**Infant feeding practices, by age**

- **Exclusive breastfeeding**: 34%
- **Breastfed and milk/formula**: 0%
- **Breastfed and plain water only**: 0%
- **Breastfed and solids/semi-solids**: 0%
- **Weaned (not breastfed)**: 0%

**No Data**

Source: IGME 2009

### 13 Apr 2010
To increase children’s chances of survival, improve development and prevent stunting, nutrition interventions need to be delivered during the mother’s pregnancy and the first two years of the child’s life.

**Micronutrients**

**Vitamin A supplementation**
Percentage of children 6-59 months old receiving two doses of vitamin A during calendar year

No Data

**Iodized salt consumption trends**
Percentage of households consuming adequately iodized salt

14,000 newborns are unprotected against IDD (2008)

**Anaemia**
Prevalence of anaemia among selected populations

<table>
<thead>
<tr>
<th>Non-pregnant women</th>
<th>Pregnant women</th>
<th>Pre-school aged children</th>
<th>Children &lt; 2 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other NS 2002</td>
<td>Other NS 2008</td>
<td>Other NS 2008</td>
<td></td>
</tr>
<tr>
<td>51</td>
<td>28</td>
<td>25</td>
<td></td>
</tr>
</tbody>
</table>

**Essential Nutrition Interventions during the Life Cycle**

<table>
<thead>
<tr>
<th>Pregnancy</th>
<th>Birth</th>
<th>0-5 months</th>
<th>6-23 months</th>
<th>24-59 months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use of iron-folic acid supplements</td>
<td>-</td>
<td>Early initiation of breastfeeding (within 1 hour of birth)</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

**Maternal Nutrition/Health**

<table>
<thead>
<tr>
<th>Indicators</th>
<th>Values</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maternal mortality ratio, adjusted (per 100,000 live births)</td>
<td>32 (2005)</td>
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<tr>
<td>Maternal mortality ratio, reported (per 100,000 live births)</td>
<td>46 (1995)</td>
</tr>
<tr>
<td>Total number of maternal deaths</td>
<td>4 (2005)</td>
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<tr>
<td>Lifetime risk of maternal death (1 in X)</td>
<td>1,300 (2005)</td>
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<tr>
<td>Women with low BMI (&lt; 18.5 kg/m²)</td>
<td>X</td>
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<tr>
<td>Anaemia, non-pregnant woman (&lt; 120 g/l)</td>
<td>51 (2002)</td>
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<tr>
<td>Antenatal care (at least one visit)</td>
<td>X</td>
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<tr>
<td>Antenatal care (at least four visits)</td>
<td>97 (1995)</td>
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<tr>
<td>Skilled attendant at birth</td>
<td>X</td>
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<tr>
<td>Low birthweight (&lt; 2,500 grams)</td>
<td>X</td>
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<tr>
<td>Primary school net enrolment or attendance ratio (female, male)</td>
<td>98, 98 (2005)</td>
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<tr>
<td>Gender parity index (primary school net enrolment or attendance ratio)</td>
<td>1.00 (2005)</td>
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</tbody>
</table>

**Water and Sanitation**

**Drinking water coverage**
Percentage of population by type of drinking water source, 2008

- Piped into dwelling
- Other improved source
- Unimproved source

**Sanitation coverage**
Percentage of population by type of sanitation facility, 2008

- Improved facility
- Shared facility
- Unimproved facility
- Open defecation

**Disparities in Nutrition**

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Male</th>
<th>Female</th>
<th>Ratio of male to female</th>
<th>Urban</th>
<th>Rural</th>
<th>Ratio of urban to rural</th>
<th>Poorest</th>
<th>Second</th>
<th>Middle</th>
<th>Fourth</th>
<th>Richest</th>
<th>Ratio of richest to poorest</th>
<th>Source</th>
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<tbody>
<tr>
<td>Stunting prevalence (WHO Child Growth Standards, %)</td>
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<td>Infants not weighed at birth (%)</td>
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