

ANNEX 1

MMAPP indicators on mental health among adolescents (age 15-19) and young people (age 20-24) at the population level

	Proposed Indicator	Definition	Numerator	Denominator
Symptoms of depression and/or anxiety among adolescents and young people				
1	Symptoms of depression among adolescents and young people	Percentage of adolescents and young people reporting symptoms of depression during the last 2 weeks	Number of adolescents and young people reporting symptoms of depression during the last 2 weeks	Total number of adolescents and young people
2	Symptoms of anxiety among adolescents and young people	Percentage of adolescents and young people reporting symptoms of anxiety during the last 2 weeks	Number of adolescents and young people reporting symptoms of anxiety during the last 2 weeks	Total number of adolescents and young people
3	Symptoms of depression and/or anxiety among adolescents and young people	Percentage of adolescents and young people reporting symptoms of depression and/or anxiety during the last 2 weeks	Number of adolescents and young people reporting symptoms of depression and/or anxiety during the last 2 weeks	Total number of adolescents and young people
Functional limitations due to anxiety or depression				
4	Functional limitations among adolescents and young people with symptoms of depression and/or anxiety	Percentage of adolescents and young people reporting symptoms of depression and/or anxiety during the last 2 weeks, who report functional limitations related to those symptoms in daily activities or relationships (school/work, family, peers)	Number of adolescents and young people reporting symptoms of depression and/or anxiety during the last 2 weeks, who report functional limitations related to those symptoms in daily activities or relationships (school/work, family, peers)	Total number of adolescents and young people reporting symptoms of depression and/or anxiety during the last 2 weeks
Suicidal thoughts and behaviors				
5	Suicidal ideation among adolescents and young people	Percentage of adolescents and young people reporting suicidal thoughts in the last 2 weeks	Number of adolescents and young people reporting suicidal thoughts in the last 2 weeks	Total number of adolescents and young people
6	Suicide attempt in the last 12 months among adolescents and young people	Percentage of adolescents and young people reporting a suicide attempt in the last 12 months	Number of adolescents and young people reporting a suicide attempt in the last 12 months	Total number of adolescents and young people
7	Lifetime suicide attempt among adolescents and young people	Percentage of adolescents and young people reporting having attempted suicide in their whole life	Number of adolescents and young people reporting having attempted suicide in their whole life	Total number of adolescents and young people
Mental health care and connectedness				
8a	Care-seeking for mental health among adolescents and young people	Percentage of adolescents and young people reporting symptoms of depression and/or anxiety who had contact with a health professional or counselor for mental health care during the last month	Number of adolescents and young people reporting symptoms of depression and/or anxiety who had contact with a health professional or counselor for mental health care during the last month	Total number of adolescents and young people reporting symptoms of depression and/or anxiety during the last 2 weeks
8b	Unmet need for mental health care among adolescents and young people with symptoms of depression and/or anxiety	Percentage of adolescents and young people reporting symptoms of depression and/or anxiety who have no contact with health professionals or counselors for mental health care during the last month	Number of adolescents and young people reporting symptoms of depression and/or anxiety who have no contact with health professionals or counselors for mental health care during the last month	Total number of adolescents and young people reporting symptoms of depression and/or anxiety during the last 2 weeks
9	Someone to talk to about mental health among adolescents and young people	Percentage of adolescents and young people reporting having talked to someone when they had a problem or worry related to difficult feelings and experiences during the last month	Number of adolescents and young people reporting having talked to someone sometimes, often, or always when they had a problem or worry related to difficult feelings and experiences during the last month	Total number of adolescents and young people
10	Positive connection with parent or guardian among adolescents and young people	Percentage of adolescents and young people reporting that their parents/guardians understood their problems or worries sometimes, often, or always during the last month	Number of adolescents and young people reporting that their parents/guardians understood their problems or worries sometimes, often, or always during the last month	Total number of adolescents and young people